



The Fairfield Community Primary School



The School Milk Project

www.schoolmilk.co.uk

TO BE COMPLETED FOR ALL PUPILS REQUIRING MILK

2ND HALF OF AUTUMN TERM 2014 (03.11.14 – 19.12.14)

Would you like your child to have milk in school?

Milk is packed with fantastic benefits, including:

Protein for growth & repair

Zinc for the immune system

Vitamin A for eyesight

Carbohydrate for energy

Calcium for healthy teeth & bones

In addition there are loads of reasons for your children to drink milk in school

Milk gives a long lasting energy boost and together with a piece of fruit is the perfect break time snack

Milk contains a good source of Calcium for building strong bones and teeth, children have a once in a lifetime opportunity to make their bones and teeth as strong and healthy as possible and drinking milk can help with this.

Milk is a thirst quencher and helps keep children hydrated throughout the day and together with water these are the two best drinks your children can have.

Milk is served chilled which most children prefer

Milk is a low cost nutritional snack available daily in school

One (189ml) carton of milk will provide a primary school age child with approximately half their daily calcium needs.

- All children under the age of 5 are entitled to **free milk**
- Those aged 5-11 are entitled to a carton of subsidised milk daily at the reduced cost of **17p** per carton. This will be **£6.00** for the **2ND HALF OF THE AUTUMN Term up to and including Friday, 19th December 2014.**
- ***If your child is in receipt of Free School Meals then they are entitled to free school milk. However, we are aware that some children do not wish to have milk. Therefore could you please complete and return the reply slip below to help us order the correct amount.***

If you would like your child to enjoy all the fantastic health benefits of milk whilst at school please complete the reply slip below and hand to **the School Office with the payment of £6.00 payable by cash, cheque (made payable to Worcestershire County Council) or on-line using the Payment 4 School system.**

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For your child to be included on next half-term's milk lists, please return to the School Office with the correct payment by **Wednesday, 22nd October 2014 latest.**

Pupil's Name: Class:

I would like my child to benefit from subsidised school milk for the 2nd half of the Autumn Term starting Monday, 3rd November and I enclose £6.00.

My child is entitled to Free School Meals and would like to have milk.

I have paid using the Payment 4 School system. My receipt number is

Signed Date